



UKA Race Permit number: #29992

The Priority First Fleet Half Marathon

Please read this email – it will provide you with all the information you need to know for race day. Information is also available at www.fleethalfmarathon.com. Race numbers will start to be posted on 09/03/26.

Race Date: Sunday 29th March 2026

Start Time: 9.30am

REMEMBER THE CLOCKS GO FORWARD ON SATURDAY NIGHT!

Thank you for entering the annual Fleet Half Marathon organised by Fleet & Crookham AC (Registered Charity number 1156704).

At the start of the 1980's "Running Boom" and a conversation in the pub, the idea of the Fleet Half Marathon was born. Following the first London Marathon in 1981, a group of local runners at Fleet & Crookham AC mulled over the idea – could it be done, would it be supported by the town, would the runners come?

Sunday 4th April 1982 – the first Fleet Half Marathon took place. In 2026 we celebrate the 45th year of running the event - "Yes" it was done, "Yes" the town did support it and "Yes" the runners did come.....and they still do. A massive "Thank You" from all of us to you for continuing to support our race.

Our mission is to host an event for runners of all abilities, supported by local residents and one which really does put Fleet on the map. We want to provide a day to remember and an event which is great value for money and also raises thousands of £'s for charity. We are one of the largest and original half marathons still organised and hosted by a running club and local volunteers – something we are very proud of – please give a shout out to the volunteers!

Thank you to the team and all of our 300+ volunteers for the energy and drive they show each year. This event takes a massive amount of time to organise and everyone gives their time for free. We hope you all have a great race and enjoy your day at the Fleet Half Marathon 2026 – whether this be your first visit or you have run it many times. Good luck!



RUNEVENTS



Phyllis Tuckwell[®]
Hospice Care 

Keeping up-to-date with the Fleet Half Marathon

- Any changes or additions to the runner's final information will be announced on our website at www.fleethalfmarathon.com
- In the event of bad weather leading up to the race please visit the website for the latest information.
- In the unlikely event of the race being cancelled due to unforeseen circumstances, we will endeavour to contact all runners prior to the race day where possible – this will be via the website, email, Facebook, Instagram and Twitter.
- **Remember – we will not be accepting entries on the day or making exchanges.**

How do I get to Fleet?

- Calthorpe Park is off Reading Road North, Fleet, North Hampshire. GU51 5DR. **What3words location: ///legroom.display.reset**
- Fleet can be reached by using junction 4a or 5 off the M3. Please car share to reduce the number of cars and allow plenty of time to get to Fleet and for car parking.
- Fleet is on the Waterloo-Basingstoke/Southampton line and the station is approx. 1 mile from Calthorpe Park. Remember to check if there are any engineering works if you plan to travel by train.

Car Parking

- **Local to Fleet? Please leave your car at home to help the congestion and parking. Get dropped off, walk or at least share vehicles if you can.** Bicycles can be chained up in the tennis courts.
- **Parking includes The Hart Shopping Centre** and other car parks in the town centre – search on [Parking in Fleet](#) – car share with your running friends to help with parking. All are within 10/15 minutes' walk of the start. Parking charges **are** required on Sundays so do not risk a parking ticket. *NB: There is no parking in Calthorpe Park.* There is also some pre-bookable parking down near Fleet Station (just over 1 mile walk) - [Euro Car Park](#) or private bookable parking at [Just Park](#)
- Do not park in the streets around Calthorpe Park as this causes problems in the early stages of the route. Roads to avoid are Herbert Road, Fitzroy Road and Tavistock Road (between Fitzroy Road and Reading Road North) – we have asked residents not to park on these roads so do not want competitors to either.

Race Day Do's and Don'ts

Please complete all details below in BLOCK CAPITALS using a ball point biro / waterproof ink.
Only the registered participant should wear this bib number. The swapping of numbers is prohibited and dangerous.

IMPORTANT MEDICAL INFORMATION

YOUR NAME: _____
If you have any medical conditions or allergies please mark a large cross in RED on the front of this bib number

JOHN SMITH ADD 1 ADD 2 ADD 3 POST CODE	TIMING CHIP - DO NOT REMOVE
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EMERGENCY CONTACT INFORMATION	DO ✓:	DO NOT ✗:
EMERGENCY CONTACT NAME: _____	• Ensure this bib number is clearly visible	• Remove the foam spacer. The foam increases detection rate
EMERGENCY CONTACT HOME PHONE: _____	• Use a pin in each corner	• Fold, Crumple, Twist your number
EMERGENCY CONTACT MOBILE: _____	• Wear this bib number on your chest	• Cover your number when crossing timing mats (eg. Stopping your watch etc.)
PLEASE STATE ANY MEDICAL CONDITIONS THAT WE SHOULD BE AWARE OF: _____	TIMING BY FR SYSTEMS LTD INFO@FRSYSTEMS.CO.UK / WWW.FRSYSTEMS.CO.UK	

Do's ✓

Please fill out the back of your number

- **Do bring your race number and safety pins** - your timing chip is incorporated onto it – no number, no race or time – pin it to your vest before leaving home.
- **Do fill out the personal and medical info on the back of your number – we may need this in an emergency.**
- **Do bring the pre-printed bag tag from your race pack** - fix it securely to your bag before leaving it in the Runners Kit Tent.
- **Please bring the smallest kit bag you can to help save space in the Runners Kit Tent** – you don't need to bring a huge rucksack 😊
- Do bring a change of clothes in case of rain.
- Do bring some cash and cards for parking/drinks/food/retail sales/massage.
- **Do bring cash if you want to buy a race t-shirt (limited stock) - £12 – you can pay by card or cash**
- Do help another runner in distress if you see one or alert the nearest marshal.
- Do smile/wave at race photographers – you can download the photos for **FREE**.

Don'ts x

- Don't bring your Music/Phone with headphones – they are banned under UK Athletics rules. You are not aware of what is going on around you and this puts you and other runners at risk. **Bone conductor or headphones which do not sit in/cover the ear are allowed.**
- Don't run under someone else's race number because they can no longer run. This is against UK Athletics rules and it is a dangerous practice in the case of a medical emergency as we will not have the correct runner details which could cause great distress.
- Don't forget to pay for a parking ticket if required where you park.
- Don't discard litter in the park or on the route – please use the bins in the park or even better take it home and recycle where you can and only discard bottles/cups/water and gel sachets in the hippo bags close to water stations – remember we have to clear the route after you and any rubbish may cause a danger to wild animals.
- **Please do not urinate in the trees in the park or bushes near the start area.** There are plenty of toilets in the race village/Hart Shopping Centre. We received several complaints from residents in 2025 which is not acceptable.

Race Countdown

- 7.50am - 9:00am Arrival of runners and spectators.
7.50am – 9.00am.....Late entrants should pick up their race number and kit bag label from the Scout Hut
9:00am All runners should be in the park.
8.50am - 9:15amAll runner's kit should be booked into the Runner's Kit Tent (latest).
8.50am Warm up with F&C AC Junior athletes
9:00am – 9.15am..... First call for the start – leave plenty of time.
We have three holding areas dependent upon your race number colour - Green gather at the top of Tavistock Road, Yellow at the top of Harlington Way and Blue at the top of Reading Road North. There will be signs/flags to indicate the areas and marshals guiding you.
9:15am You should be in your holding area. You will then be moved as a group to the start (in realistic finish time) – remember we have pacemakers too.
9:30am You're off - enjoy the race!

The Course

- The course has been officially measured and certified.
- The 2026 route is the same used in 2025. Note: The finish line has been moved forward due to a significant trip hazard and the distance adjusted at the turn around point on the A323.
- Please be aware of pot-holes – major ones have been filled.
- The course map is also available to view at www.fleethalfmarathon.com/course-info/
- We have "Pacemakers" to help you target a finish time – 1:30, 1:40, 1:45, 1:50, 1:55, 2:00, 2:10 and 2:20 – remember they are volunteers too so do say thank you!

Course Safety

- There will be a lead motorbike and a lead car and over 100 marshals who will be strategically placed to guide you around the course.
- Please keep to the **left-hand side** of the road unless instructed by a marshal, official or yellow sign. This is for your own safety as on some roads traffic may be flowing against you.
- There is one section on the route where you will run up the **right-hand side** of the road and then turn and run back along the other side – this is on the A323 (Mile 10 - 11.5m).
- Please note that failure to obey the instructions given by the race marshals could place you in danger and could lead to your disqualification.

THE WEARING OF ANY IN-EAR OR OVER-EAR HEADPHONES OR SIMILAR DEVICES ARE BANNED UNDER UK ATHLETICS RULES. APPROVED BONE CONDUCTING HEADPHONES ARE ALLOWED UNDER UK ATHLETICS RULES.

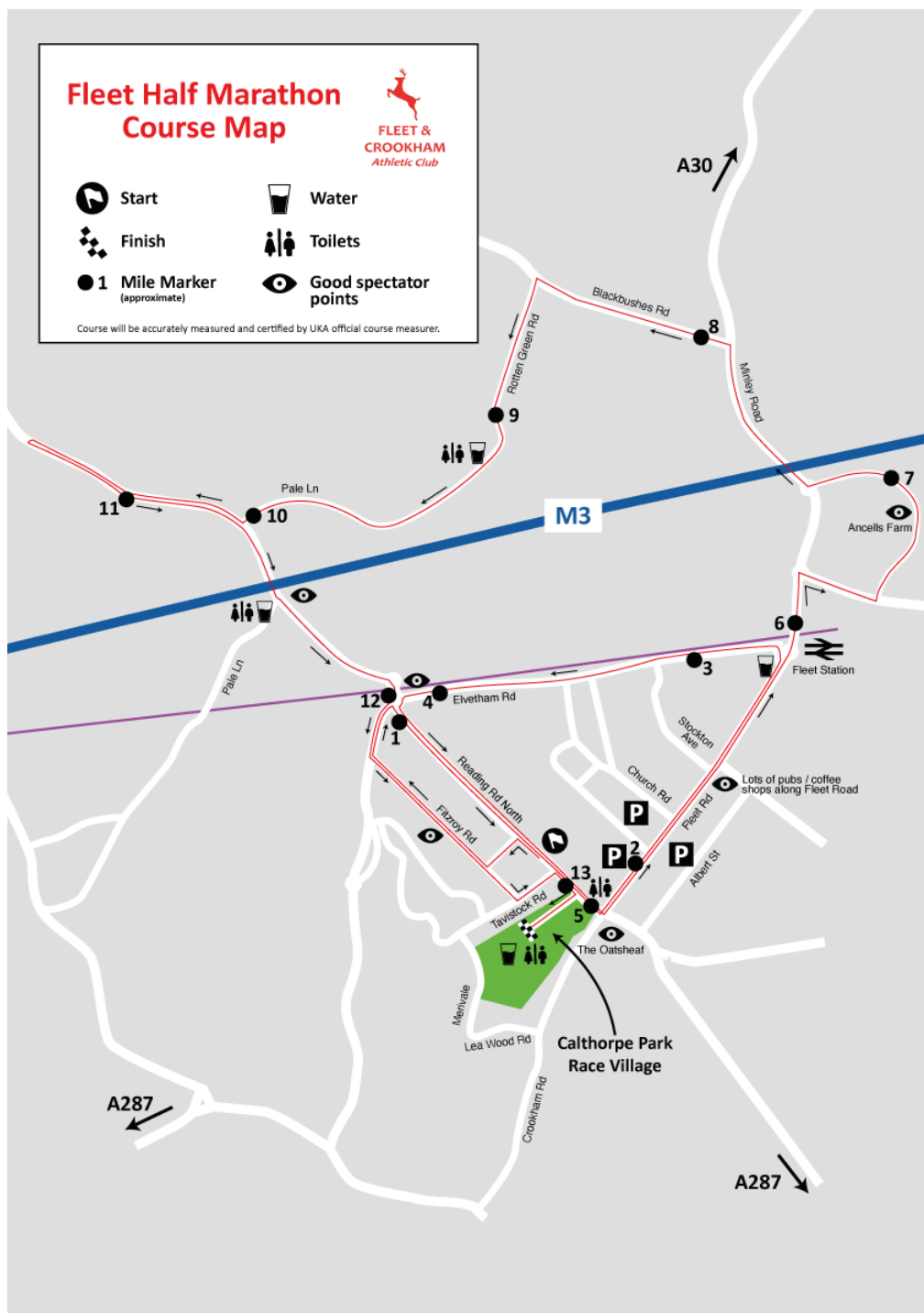
Timing Chip

- Your timing chip is integrated into your number. Do not remove, fold or damage the chip before the race or you will not record a time.
- There is no need to return your number at the end of the race – simply dispose of it when you get home.
- The chip will accurately measure your time from the moment you cross the mat at the start line to the moment you cross the mat at the finish line.
- Race numbers show your number and name. Do not swap numbers if you cannot run. Males seen running in female numbers (and vice versa) will be disqualified as it can distort results/prizes.

Don't forget your number – REMEMBER – NO NUMBER, NO CHIP, NO TIME

Spectator Points

- The best spectator points are along Reading Road North, Elvetham Road/Hitches Lane roundabout, The Oatsheaf Pub area at the top of town, Fleet Road, around Ancells Farm and the A323 near either Pale Lane exit. Remember road closures are in place so your supporters will need to walk to their viewing point. Please support our local businesses and get your supporters to buy a coffee/drink/food whilst they watch.

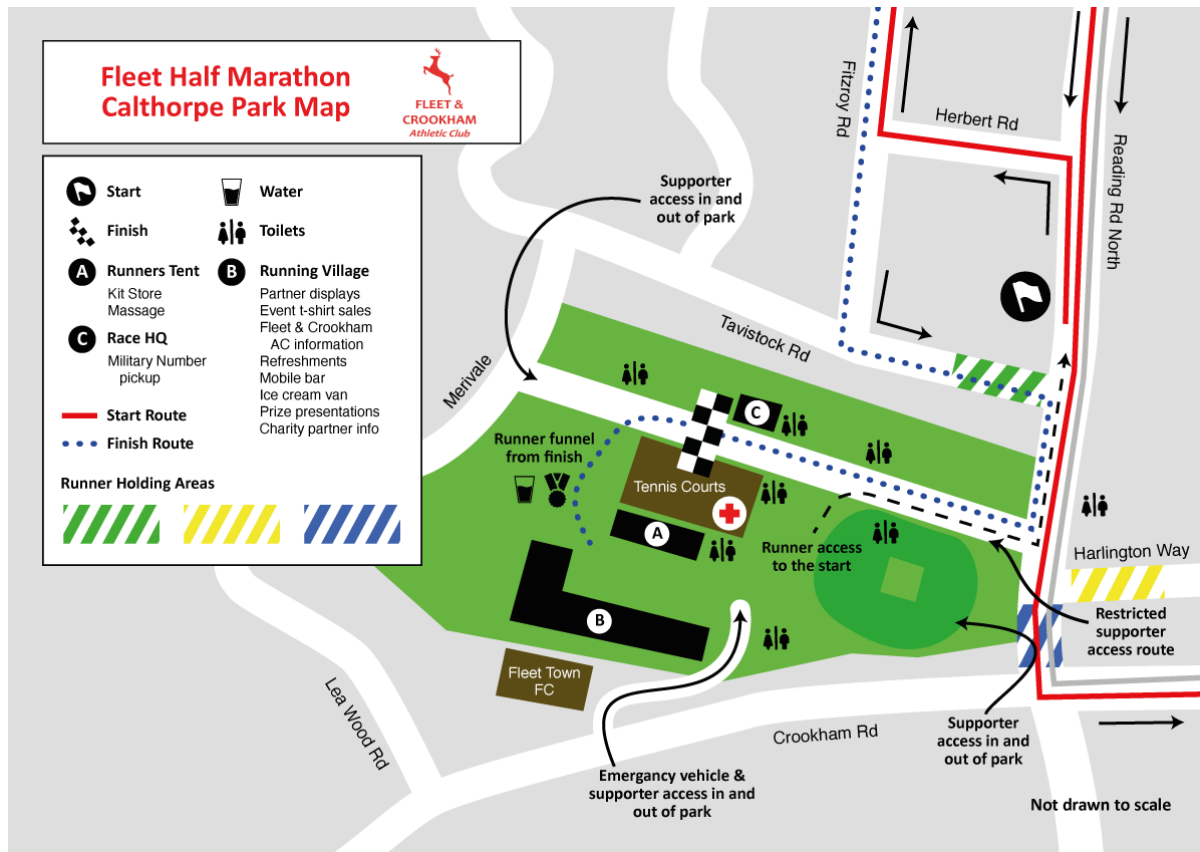


Drink Stations/Toilets on the route

- Water will be available at four drink stations on the route - at approx. 2.75, 6, 9 and 11.5 miles.
- The last table on each station will be a refill point if you have brought your own bottles/cups.
- **Please drop cups/bottles/gel sachets close to the water stations or in the "hippo bags"/bins only – do not drop them all round the route please. We have to clear the route up.**
- Portaloos at approx. 1.75, 4.75, 10 and 11.5 miles should you need a quick visit.
- There is also bottled water for all finishers as you cross the line.



- **Please help us by taking all your rubbish home and recycle where you can.**



Facilities/Partners on Site

- Toilets – located at several places in the park. *Please do not use the woodland areas or public/private roads near to the start.* Toilets are also available on the route at approx. 1.75, 4.75, 10 and 11.5 miles.
- Toilets are also available from 7am in The Hart Shopping Centre (1st floor) – 5 mins walk from Calthorpe Park.
- Runners Kit Tent for supervised kit storage only.
- Information desk and military/late entry number collection point – Scout Hut building just after the finish line.
- Course and arena maps.
- Hot & cold food, drinks and ice cream to purchase.
- Garrison Radio/PA support.
- Phyllis Tuckwell Hospice, Farnham – official Charity partner.
- Various partner and information stands.
- Pre/post-race massage available in the Runner's Kit Tent from The BodyReset Clinic £15 for 15 mins.
- Full paramedic/first aid facilities in the tennis court.
- Prize presentation and results publication.
- Professional on-course photography from Rob Howard - FREE photos for all runners.

Baggage and Changing

- Baggage can be left in the Runners Kit Tent. **THIS IS THE ONLY ATTENDED AREA FOR YOUR KIT.**
- **Use the tag provided in your race pack** and give your bag to the ATC volunteers in the allocated bay.
- There are no showers and no private changing areas – please arrive ready to run just with outer clothes.

Results, Trophies/Prizes/Medals

- Results will be posted on the website - www.fleethalfmarathon.com by the evening of 29th March 2026 or soon afterwards.
- Medals - please take your finisher medal and other finisher gifts from our junior athletes in the finish area.
- The presentation of prizes will be at approximately 11.30am/11.45am. This will start with the first five men and first five women, followed by masters and team results. Masters and team prizes will be presented on the day if all results are available. If not, they will be posted on.
- Athletic club and service runners are reminded that to score in the open team race you must be wearing the relevant club/unit vest. Any problems see the Race Referee before the start.

Gun or chip timing?

All runners in the race will be allocated both gun and chip times. The difference is as follows:

- **Gun time** – the time from the starting gun to crossing the finish line – your Official time.
- **Chip time** – the time from crossing the starting line to crossing the finish line - your Actual time.

Prizes will be allocated according to Gun times.

Prize Rules

The first 3 places for both men and women are regardless of age category. 4th place onwards relates to your age category – e.g., if the race is won by a Master, they will qualify for the first prize overall and the first prize for their age category will be given to the next applicable finisher.

Prize categories:

Male

Senior/Open.....1-5
M35, M40, M45, M50, M55....1-3
M60, M651-3
M70 – 79.....1-3
M80+ 1st only
Under 20 1st only
Teams.....1-3

Female

Senior/Open.....1-5
ML35, ML40, ML45, ML50, ML55 ...1-3
ML60, ML65,.....1-3
ML70 – 79.....1-3
ML80+ 1st only
Under 20 1st only
Teams.....1-3

NB: Teams all require 3 runners to count

FREE photos

- Rob Howard photography will be at the race taking photos which you can download for **FREE** and share with your friends and family. They will aim to get them online (<https://clicksports.photohawk.com/galleries/fleet-half-marathon-2026>) within 48 hours and you just find your photos and click the download button underneath them. They will have a number search available so you can find them easily and will do their best to get shots of as many competitors as possible.

First Aid & Medical Care

- Fill out the reverse of your race number – we may need this information in an emergency. Specify any medical conditions along with any special medical treatment to assist medical staff should you encounter any difficulties. Write in a ball-point pen.
- Full paramedic care is available in the park and on route. Should you experience any problems during the event, please speak with any marshal or official who will be able to contact the medical staff.
- **If you drop out for any reason, please hand your number to a marshal/other official and tell them where you are going. This is important as your chip will have registered that you started the run.** Remember dress for the 2nd mile on the day – you don't want to overheat by wearing too much – you will warm up as you start running.
- If you are unwell or injured leading up to the event or on the day, please do not run – there is always another day/run – don't risk it.

On-site Sports Massage

- The Body Reset Clinic, based in Hartley Wintney, is proud to be supporting all Fleet Half Marathon runners as you prepare for race day on 29th March. If you have a niggle that just won't settle, don't ignore it. Our experienced team is here to help you feel confident, strong and injury-free as you head towards the big day.
- We focus on treating you, not just the pain. Every runner is different, so we take the time to truly understand what's happening and what your body needs. From thorough diagnosis to tailored recovery plans, we target the root cause, to reduce recurring niggles and to keep you doing what you love; running strong and crossing that finish line feeling proud.
- We offer a range of treatments including physiotherapy, sports massage and shockwave therapy, all designed to support your performance and recovery. To book an appointment online visit bodyresetclinic.co.uk or call us on 01252 843 203 — we're here to support you every step of the way.
- We'll be at the event, offering help and advice with any last-minute concerns. You'll find us in the Runner's Tent, where we'll be providing 15-minute pre- and post-race massages for £15 for all runners. Please come and say hello, we'd love to support you on the day and celebrate your achievement with you.

Need somewhere to stay?

There are several hotels in the local area:

The Premier Inn, Fleet Road 0871 527 9446 (approx. 1 mile from the park)

Holiday Inn Express, Fleet Road 01252 957915 (approx. 0.25 mile from the park)

The Lysmoyn Hotel, Church Road 01252 628555 (approx 3/4M from the park)

The Oatsheaf Pub, Crookham Road 01252 819508 (approx 1/4m from the park)

Travelodge, Cove Road, Fleet 0871 559 1821 (approx. 2.4m from the park)

Thank You!

Fleet & Crookham AC would like to thank: all race partners Priority First, EveryOne Active, Mackenzie Smith estate agents, KitBrix, Barons Farnborough BMW, Up & Running Basingstoke, Altra Running Shoes, URUNN, Pilates For Runners, The BodyReset Clinic, DualFuel, the Army, Phyllis Tuckwell Hospice Farnham, Fleet Town Council, Hampshire County Council/Hampshire Highways, Hart Safety Advisory Group, Medical Staff from St Johns Ambulance, UK Traffic Management Services Ltd, Garrison Radio, Collards Waste Management, Fleet Town FC, Signature Catering, Caleb's Coffee, Unholy Donuts and all race officials, local Scouts and Guide groups, ATC, members of Fleet & Crookham AC, , Rock Choir, and most of all, the runners, without whom the race would not go ahead. I hope we haven't missed anyone!

Race Officials

Race Director – Penny Abbott, F&C AC/UK Athletics Endurance Official & Alison Moore F&C AC

Race Referee – Mike Neighbour, UK Athletics Official and AFD

Race Organisers – Fleet & Crookham AC (F&C AC)

UKA Race Adjudicator – Mike Neighbour UK Athletics Official and AFD

Course Director – Stevyn Mills F&C AC

Chip Timing – FR Systems Ltd

Volunteer Coordinators – Nick Doran F&C AC

Thank you to the race officials, our 12 dedicated voluntary organising committee members and all other volunteer marshals/helpers/voluntary organisations involved in the day. Their time and dedication are immense so please thank them as you run by.

Feedback

The race is organised by runners for runners. In order that Fleet and Crookham AC can maintain the highest possible standard for future races we welcome any comments you have (good or bad). Please e-mail racedirector@fleethalfmarathon.com.

If you enjoyed the race, please take a few moments to rate us at <https://racecheck.com/races/fleet-half-marathon/> It can really help us with future partners and secure the future of the race if you do this – thank you!

Fleet & Crookham AC Welcomes New Members

If you would like to carry on your running and run with other like-minded people, you will be very welcome at the host club. Visit www.fleetandcrookhamac.club for more information. We are always welcoming new members of all abilities and look forward to taking you further on your running journey.

Thank you to all of our Partners – see www.fleethalfmarathon.com/partners/ - without them this race could not happen so please support them.

Partner Offers

Up & Running Basingstoke Store



UP & RUNNING
EST. 1992

15% OFF

*When you bring your race number
or race entry confirmation into store!*

1 week before and 3 days after the event.

T&Cs: 15% off selected full priced products | Offer valid in-store only | Valid for 1 week before the event and 3 days after the event date | Excludes electronics | Subject to availability | Offer may be withdrawn at any time



ALTRA

Shake Out Run

Join us for a relaxed 5K shakeout ahead
of Fleet Half Marathon with Altra.

Altra Shake Out Run

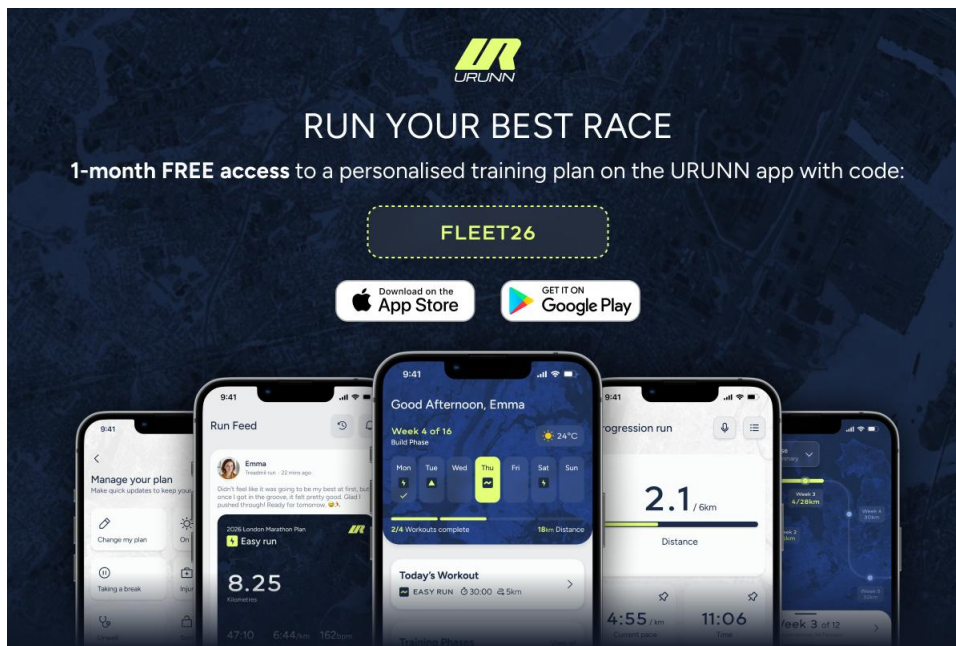
Where: Calthorpe Park, Fleet

When: 11am Saturday 28th March

You must register via: <https://www.eventbrite.com/e/shakeout-5k-run-with-altra-tickets-1983442658384?aff=oddtcreator>

URUNN - Getting your free access is easy, simply:

- [Download the App](#)
- Use exclusive code: **FLEET26** (enter at 'Sign Up' or in 'Settings')



KITBRIX

Discount Offer

We believe that all sports activity is positive and that everyone's goal should be to reach the finish line no matter how much time it takes. Kitbrix has developed a range of problem-solving products designed with the adventurer and outdoor sports enthusiast in mind.

Check us out at www.kitbrix.com and receive 20% off using the code **FHM20**.

An advertisement for the BodyReset clinic. The background is a solid purple color. At the top center is the logo for 'the BodyReset clinic', with 'the' in a smaller font and 'BodyReset' in a larger, white, sans-serif font, followed by 'clinic' in a smaller font. Below the logo is a green rounded rectangle containing the text 'The Fleet Half's Injury Treatment Specialist' in white. Underneath this is the main headline: 'Proud to support all runners of the Fleet Half Marathon with pre and post run massages' in white, bold, sans-serif font. Below the headline is a list of services in white, sans-serif font: 'Injury Diagnosis & Rehabilitation', 'Dry Needling & Acupuncture', 'Physiotherapy', 'Kinesio Taping', 'Sports Massage', 'Shockwave Therapy', 'Custom Orthotics', and 'Bespoke Pilates Classes'. To the right of this list is a circular inset image showing a person in a green polo shirt performing a massage on the lower leg of a person lying on a table. At the bottom of the advertisement is a green rounded rectangle containing the phone number '01252 843 203' and the website 'www.bodyresetclinic.co.uk' in white, sans-serif font.